



## **Win the Day | Ryan Wekenman | 1.15.23**

### Weekly Study

#### SHARE

This week Ryan continued our series “The Future You” with encouragement to all of us about how important it is to have vision for where we want to be. Do you know who you want to be, and are you headed in the right direction? Regardless of your answer to that question, we’re so glad that you’re a part of this church family of imperfect people pursuing a perfect God together. We are confident that change is possible, and the power to do so found by inviting God into the conversation. As a church, we are a week in to a 21 Day fast, and as a group we are invited to do this together. We can all do spiritually challenging things, and it is made even easier when we support each other. If you’ve stopped your fast because you think you’ve failed too many times already, start again. There’s no such thing as failure when you get back up and keep trying!

#### **Fasting Check-In**

- **How was the first week of your fast?**
- **In what ways have you seen God begin to show up in your life?**
- **What has been the most difficult part of the fast?**
- **What are you still praying and believing for over the next two weeks?**

## G R O W

**Read Jeremiah 29:11, Joshua 1:8-9.**

Christians love to talk about “calling” — we see promises throughout scripture that let us know that God has plans for our lives that are full of hope and purpose and joy, and those promises really are true! It is easy to get focused on where God is taking us and the role that He has for us to play in this world, but we rarely take the time to consider what it takes to get from where we are today to those plans and purposes that he was for us in the future. The key to accessing the fullness of those plans is found in the daily acts of obedience to Him.

It's often easier to see what the necessary steps of obedience are in order to get to the place God has invited us to go, whether it's large or small, than we want to believe. Obedience is the decision to take what God has spoken and work it out by the power of His spirit to the best of your ability, even if it feels overwhelming or scary. What you will find as you take those courageous steps is that God's presence is with you, and the day by day godly decisions that you make will lead you into God-sized dreams being fulfilled.

- **What is the step of obedience that you know you need to take in order to move toward the future you that God has intended for you to be?**
- **What is the most daunting part about that step of obedience?**
- **How can you group support you in taking that step forward?**

## M O V E

**Read Mark 1:35, Psalm 127:2.**

Ryan talked to us about how setting your daily routine will help you win the day. Taking the time to be disciplined with the time that God has given us will cultivate the fruit of wisdom and peace — when we are not being controlled by a messy mind in the morning or being tempted by our vices at night, we will be able to walk in self-control and the fullness of the plans and purposes that God has in store for our lives.

When you think about your daily routine, which part of it needs some fine-tuning? Do you need to discipline yourself to hit snooze a few less times so that you can get up and spend time reading your Bible? Or do you need to resist the urge to watch one more episode at the end of your night? God is

relational, and He deeply desires to spend time with you because He loves you. Ask the Holy Spirit to show you the places that He wants to help you change so that you can live a freer, healthier life and be wide awake to all the things that He is doing in and around you.

- **What are the things that keep you from spending time with God?**
- **What part of your daily routine stands out to you as needing some change? Explain what you want to do differently and what you need to be held accountable.**

#### **Fasting Check-In**

- **What has God called you into over the course of these 21 days?**
- **What are you expectant for during this fast?**
- **Do you or someone you know need a breakthrough?**
- **Is there any hesitancy going into your fast?**

#### **P R A Y**

Take time to pray together asking God to reveal himself as you all enter this season of a fast. The enemy wants nothing more but to derail, pray against his plans asking God to protect and give strength that only can come through Jesus and Jesus alone.

